



Welcome to

Willunga Catholic Parish

Mary of Galilee, Aldinga; St Peter's, Normanville; St Joseph's, Willunga

FIRST SUNDAY OF LENT - YEAR C

Vol 20 : No 16

WILLUNGA CATHOLIC PARISH CENTRE

12 St Judes Street (PO Box 14)

WILLUNGA SA 5172

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PARISH OFFICE

If you need to contact the Office, please ring 0447 421 948 or 0488 287 552 if there is no-one in the Office to take your call.

PARISH TEAM CONTACTS

- Fr Josy Sebastian (Parish Priest - *on leave currently*)
- Fr Dominick Okwadha (A/Priest - 8382 1717; 0421 074 212; okwadha@yahoo.com)
- Fr Tom Gleeson (Resident Priest - 8557 1072)
- Sr Margaret Ann (Parish worker - 0488 287 552)
- Gael Maloney (Parish Office and Newsletter - articles due Wednesday - 0447 421 948, bahloo2@bigpond.com)
- Bob Daly (Parish Finance Officer - 0416 156 213, dalybc@iinet.net.au)

MASS CENTRES

- Mary of Galilee, cnr Quinliven and How Roads, ALDINGA - Galilee
- St Peter's, Cape Jervis Rd, NORMANVILLE
- St Joseph's, St Judes St, WILLUNGA

MASS TIMES

- SATURDAY EVENING 5.30pm
Aldinga Beach (Mary of Galilee)
- FIRST, THIRD, FIFTH SUNDAYS
8.30am Willunga (St Joseph's)
10.30am Normanville (St Peter's)
- SECOND, FOURTH SUNDAYS
8.30am Normanville (St Peter's)
10.30am Willunga (St Joseph's)



FIRST READING

Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the pannier from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

“My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me.”

‘You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.’

RESPONSORIAL PSALM

Ps 90:1-2, 10-15

Be with me, Lord, when I am in trouble.

SECOND READING

Romans 10:8-13

Scripture says: The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

(Continued page 4)



Bulletin Board

WEEKDAY MASSES

Mon No Masses - Willunga
Parish 9.00am - Noarlunga
Tue 9.15am - Aldinga
Wed 9.00am - Willunga
12noon - Normanville (*not the week with a 1st Friday*)
Thur 9.00am - Willunga
Fri 9.00am - Willunga
1st Fri 9.00am - Willunga
11.30am - Normanville

WEEKEND MASSES

(Times on front page of this bulletin)

ENTRANCE ANTIPHON

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

COVID RESTRICTIONS

For the latest restrictions please see page 4 of this bulletin.

CREATIVE CORNER

Creative workshops - 2nd and 4th Tuesdays, 11am - 2pm. Galilee Community Room. Please BYO lunch. Contact: Trish (0421 867 669), Vivi (0490 331 935) for further info.

LENT 2022



Lent began Wednesday, 2 March. Lent is a penitential season of prayer, self-denial and helping others. In this way, the whole Church prepares for Easter.

What is Fasting and Abstaining?

Fasting is recommended for Catholics between the ages of 18 and 60 years, unless they have particular health requirements or are sick. Fasting is about being more alert, through limiting sensibly our intake of daily food.

Abstinence from meat is for Catholics between the ages of 14 and 60, unless they have particular health requirements or are sick. We are to abstain from meat only on ASH WEDNESDAY and on GOOD FRIDAY. However, you could choose to do this every Friday of Lent, but this is not required by the Church.

Contemplative Living Community Day of Reflection 2022

You are invited to join our Team for a day of reflection on

YEARNING TO BELONG



We sense that there is a deep 'yearning to belong' as a silent stirring in the hearts of many in our society. People express anxiety, alienation, and simply a sense of loneliness. This day is an opportunity to discover how deeply and wonderfully we are all children of Earth, sharing a divine heritage, and an eternal destiny - radically belonging, to each other and to all that is within a living Spirit of Love.

ALL WELCOME

Date: Sunday, March 20, 2022
Place: St Joseph's Church and Hall
12 St Jude Street, Willunga
Time: 8.30am Mass
9.30am Morning Tea
10.00am Start
3.30pm Finish the Day

Please bring masks and some food to share for lunch. Tea and coffee supplied. Any queries please contact: Anne Weygood 0429 653 844.

THERRY DRAMATIC SOCIETY presents

WHISKY GALORE

24 March - 2 April at 7.30pm
Arts Theatre, 53 Angas St, Adelaide

In 1955, an all-female theatre company is touring a comedy called Whisky Galore, set during the 1940s. The whisky supply has dried up on two small Scottish isles, leaving tensions running high. Relief seems to be at hand when a ship carrying 50,000 bottles of whisky is wrecked just offshore. Then it's every thirsty person for themselves as the islanders try to rescue as many bottles as possible.

Bookings open 3rd March
www.therry.org.au, ph 0411 924 566.

We have two free tickets for week 1 - contact Gael Maloney if interested.

LENTEN REFLECTION BOOKLET 2022

This year's Lenten Booklet has arrived! Produced by the Office for Worship, with contributions from members of the Archdiocesan Community and Catholic Education, this year's booklet also features reflections in Croatian and Malayalam. Collect your copy from the Church foyer or visit www.adelaide.catholic.org.au to access to this year's diocesan Lenten resources which includes family activities for the home and classroom to support your journey through Lent to Easter!

PROJECT COMPASSION



Anatercia 12, was struggling to cope with adult responsibilities after her father died. Then she participated in Caritas Australia-supported training and gained access to psychosocial supports.

Now, Anatercia can easily access clean drinking water, community members are able to grow healthy crops all year round, and there is enough nutritious food to eat. Anatercia feels better supported by her community, has more time to study and do her homework, and hopes to fulfil her dream of becoming a nurse.

Please donate to Project Compassion 2022 to help young people succeed in the future and bring stability to vulnerable youth like Anatercia.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow For All Future Generations. You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting lent.caritas.org.au, or by calling 1800 024 413.

“SOUTHERN CROSS”

The March issue of The Southern Cross, which includes State election coverage and other local news, will be available in parishes this weekend.

ORDINATION TO THE PRIESTHOOD

Please join in celebrating the Ordination of Deacon Anthony Beltrame and Olek Stirrat to the Priesthood at St Francis Xavier's Cathedral on Saturday, March 12 at 10.30am. Bookings to attend the Mass are limited but can be made via <https://www.trybooking.com/BXUNW>. For those who are not able to attend, the Mass will be live streamed. This is a significant event for our Archdiocese and we ask that you keep both Anthony and Olek in your prayers in their journey to ordination. For more information, please contact Archdiocesan Events (8210 8220).

CONSULTATION FOR THE 2023 SYNOD OF BISHOPS

People around the world have been participating in an international conversation about the Catholic Church. You are invited to join the discussion, helping shape a major global meeting in 2023. You have one more week to make a submission to your local consultation for the international Synod on Synodality. Calling the People of God to walk



together in our mission as Christians. The local consultation period for the international Synod on Synodality has been extended. Submissions can now be received through the online portal until Sunday, March 13. Don't miss out on this chance to take part in a global conversation about the Catholic Church. Find out more at: www.catholic.org.au/synodalchurch.

MASS TIMES

ST PETER'S and ST JOSEPH'S

The vote last Sunday for a change of Mass times at Willunga and Normanville, overwhelmingly supported leaving times as they are at both communities (4:1 for status quo).

ST JOSEPH'S ROSTERS

The new St Joseph's roster is being prepared, for the six month period starting from the beginning of April.

If you are not currently on the roster and would like to be or if you are on the roster and would prefer not to be, please contact Marie Andrews (0423 303 746). We need people for commentary, reading, flowers and linen.

Marie will also be seeking volunteers for the Easter rosters, when we know the times of the Easter services.

WILLUNGA PARISH BULLETIN

We have had a few hassles with the emailing lists for the Bulletin. If you are missing your bulletin, please get in touch with Gael (0447 421 948).

You are also most welcome to get in touch to add your name to the list, if you currently don't get your bulletin this way, and would like to.

The bulletin is also uploaded to our website weekly. Click on the newsletter link on the front page: www.willungaparish.org.au

ROSTERS

ALDINGA
Commentator
Readers

Saturday 05 March
Chris McWilliams
Bob Daly
Angela Trembath

Saturday 12 March
David Manders
Heidi Davidson
Vivi Boucher

NORMANVILLE
Welcomer
Commentator
Reader
Altar/Cleaning

Sunday, 06 March
Tim Fleming
Jim Fitzpatrick
Mary Kennedy
Nigel Pile, Leo Montgomery

Sunday, 13 March
Rita Steller
Michael Steller
Thia Van Kuyk
Nigel Pile, Leo Montgomery

WILLUNGA
Commentator
Reader
Flowers
Church Linen

Sunday, 06 March
Wayne Best
Ian La Ronde
No flowers - Lent
Michael Hynes

Sunday, 13 March
Vanda Farrall
Megan Chapman
No flowers - Lent
Anna Rogers

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Veronica Shortland, Muriel Smith, Colin and Roma Whitford, Janet Burbidge, Arthur and Carol Jones, Bill and Janet McIver, Judy Hore, Rainer Maack, Ann Henriksen

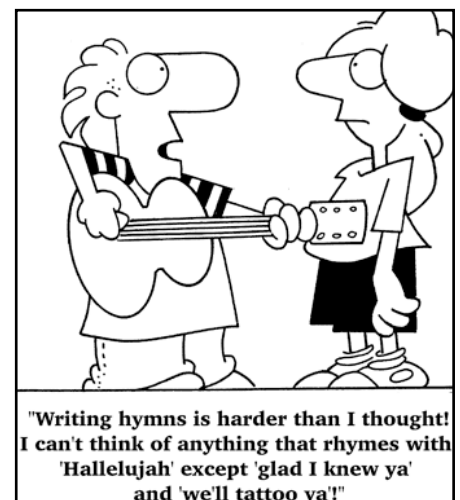
Anniversary: Anne Crosbie

DATES

2 Mar - 16 Apr Project Compassion
4 Mar World Day of Prayer
14 Mar Adelaide Cup Day
20 Mar "Yearning to belong"
St Joseph's Church and Hall
14 Apr Last day School Term 1
14 Apr Holy Thursday
15 Apr Good Friday
15 Apr Good Friday Appeal
16 Apr Holy Saturday
17 Apr Easter Day
18 Apr Easter Monday
25 Apr ANZAC Day
2 May First day School Term 2
8 May Vinnies Winter Appeal
22 May Propagation of Faith Appeal
13 Jun Queen's birthday holiday
3 Jul NATSICC Appeal
8 Jul Last day School Term 2
10 Jul Apostleship of Sea Appeal
25 Jul First day School Term 3
14 Aug Appeal for Vocations
Sep Catholic Charities Appeal
30 Sep Last day School Term 3
3 Oct Labour Day holiday
13 Nov Vinnies Christmas Appeal
25 Dec Aboriginal Catholic Ministry Appeal

• *You know that tingly little feeling you get when you like someone? That's common sense leaving your body.*

• *My favourite exercise at the gym would probably be judging.*



COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 28/2/22)

- Places of Worship are restricted to 3:4 sqm with social distancing of 1.5ms. A change in wording means that a wedding and funeral (previously viewed as a private activity) is taken to mean a defined public activity (in our circumstance a ceremony: religious/faith-based ceremony) and the 3:4sqm applies.
- Wearing of masks is mandatory. (An official medical certificate must be produced on request, if claiming an exemption.)
- Attendees at indoor religious services may sing during worship, if they wear masks while doing so.
- Social distancing is mandatory - DO NOT CONGREGATE at entry/exit and outside. No communal gathering after Mass.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details - either with the QR code for smart phones, or the handwritten log - both located at the entrance to the Church
- Hand sanitizer is available at Church entrances.
- Offertory procession will be omitted. Communion is given only in hands. Precious Blood will not be distributed.
- Collection plates will not be passed around.
- Holy Water is not available at the doors of churches.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- The Archdiocese recommends Covid vaccination for all (please check with your GP if you have concerns).
- Obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage. You may wish to access:
[Mass for You at Home – The official website of Mass For You At Home, Australia](#) online and on Channel 10 every Sunday at 6 am.



(Continued from page 1)

GOSPEL ACCLAMATION

Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you,

and again:

They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

TEACH YOUR CHILDREN WELL

Some old-timers look back fondly at all that used to be a part of Lenten fasting and abstinence. Some felt it provided them with benefits beyond

the spiritual renewal intended. They speak about a sense of camaraderie during Lent. It was easy to spot another Catholic eating a cheese sandwich at work or ordering tuna salad at a restaurant. You weren't alone in your sacrificing. There was a shared consciousness. Others who were more pragmatic felt that Lent provided them an annual diet, a good way to shed the weight put on in the dead of last winter.

The readings of the first Sunday of Lent remind us that indeed we are not alone in our faith. Our roots go back to Moses. Our faith is shared among believers of all backgrounds. It is for all who accept Jesus, according to Paul.

While we have simplified the Lenten fast and abstinence, we are still called to use self-denial as an offering of thanksgiving to God and as a way to put into perspective that all we have and that gives us comfort is not as important as our eternal salvation.

To sacrifice alone as Jesus did in the desert is tough. To realise that we do it together in Lent with other believers gives us strength and makes our actions not self-serving acts of self-improvement but common acts of faith and reconciliation. They are good not for the body as much as for the soul and spirit. We are in Lent together. That's good.

GPBS eNews

THIS WEEK'S READINGS

(07 - 13 March)

- **Monday, 07:** Monday, 1st week Lent (Lev 19:1-2, 11-18; Mt 25:31-46)
- **Tuesday, 08:** Tuesday, 1st week Lent (Is 55:10-11; Mt 6:7-15)
- **Wednesday, 09:** Wednesday, 1st week Lent (Jonah 3:1-10; Lk 11:29-32)
- **Thursday, 10:** Thursday, 1st week Lent (Esther 14:1, 3-5, 12-14; Mt 7:7-12)
- **Friday, 11:** Friday, 1st week Lent (Ezek 18:21-28; Mt 5:20-26)
- **Saturday, 12:** Saturday, 1st week Lent (Deut 26:16-19; Mt 5:43-48)
- **Sunday, 13:** SECOND SUNDAY OF LENT (Gen 15:5-12, 17-18; Phil 3:17 - 4:1; Lk 9:28-36)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8556 2132 or 0488 287 552.