



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

SECOND SUNDAY OF ADVENT - YEAR A

Vol 11 : No 02

KANGAROO ISLAND CATHOLIC PARISH

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PARISH TEAM CONTACTS

PARISH ADMINISTRATOR

Fr Anthoni Adimai

Phone: (08) 8210 8155

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

PARISH NEWSLETTER

Mrs Wendy Bennett (0475 894 755
wendygibennett@icloud.com)

(All items for the newsletter must be
received no later than Tuesday
evening.)

CHILD PROTECTION

We are a Child Safe Organisation
which is committed to the care, well-
being and protection of children and
young people.

Mrs Helen Mumford

(KI contact - 0408 367 009)

Child Protection Unit 8210 8159

WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am

(prior to Mass)

PRAYERS FOR HEALING

Prayers for Healing and Renewal in
the Church - Thursdays at 9.00am



FIRST READING

Isaiah 11:1-10

A shoot springs from the stock of
Jesse, a scion thrusts from his roots:
on him the spirit of the Lord rests,
a spirit of wisdom and insight, a spirit
of counsel and power, a spirit of
knowledge and of the fear of the
Lord. (The fear of the Lord is his
breath.) He does not judge by
appearances, he gives no verdict on
hearsay, but judges the wretched with
integrity, and with equity gives a
verdict for the poor of the land. His
word is a rod that strikes the ruthless,
his sentences bring death to the
wicked. Integrity is the loincloth
round his waist, faithfulness the belt
about his hips.

The wolf lives with the lamb, the
panther lies down with the kid, calf
and lion cub feed together, with a
little boy to lead them. The cow and
the bear make friends, their young lie
down together. The lion eats straw
like the ox. The infant plays over the
cobra's hole; into the viper's lair the
young child puts his hand. They do no
hurt, no harm, on all my holy
mountain, for the country is filled
with the knowledge of the Lord as the
waters swell the sea.

That day, the root of Jesse shall stand
as signal to the peoples.

It will be sought out by the nations
and its home will be glorious.

RESPONSORIAL PSALM

Ps 71:1-2, 7-8, 12-13, 17

*Justice shall flourish in his time,
and fullness of peace for ever.*

SECOND READING

Romans 15:4-9

Everything that was written long ago
in the scriptures was meant to teach us
something about hope from the
examples scripture gives of how
people who did not give up were
helped by God. And may he who
helps us when we refuse to give up,
help you all to be tolerant with each
other, following the example of Christ
Jesus, so that united in mind and voice
you may give glory to the God and
Father of our Lord Jesus Christ.

It can only be to God's glory, then, for
you to treat each other in the same
friendly way as Christ treated you.
The reason Christ became the servant
of circumcised Jews was not only so
that God could faithfully carry out the
promises made to the patriarchs, it
was also to get the pagans to give
glory to God for his mercy, as
scripture says in one place: For this I
shall praise you among the pagans and
sing your name.

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Bulletin Board

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Anita Gibbs, Wendy Bennett, Stephanie Langridge, Carmen Northcott and Joella Davidson.

December anniversaries: Prudence Brook, Margaret Chapman, Ann Comerford, Ernest Comerford, George Frauley, Annie Griffith, Graham Hammat, Franziska Hilz, Scott Imboden, Geraldine Kent, Nora Kerin RSJ, Eileen Johnson, John Kreffel, Anne Livingstone, Marcellina Mamogay, Frederick Moore, Valma Mumford, Sheila Norman, Denise Pettigrew, Ernie Reynolds, Joel Riley, Vernice Southern, Kevin Steinwedel, Eric Tabor, Mary Tully, John Wallace, Willard Wickham, Veronica Rue.

Please pray for all the faithful departed and all our sick parishioners, relatives and friends.

PARISH ROSTERS

	Comm	Reader	Cleaning
4/12	K Hammat	M Slagter	A Clark
11/12	M Glynn	W Bennett	A Clark
18/12	P Bennett	A Gibbs	C Berden

PRIEST ROSTER

(Often this roster changes if something unforeseen crops up)
4/12 TBA

WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection:
BSB 085 005
A/c No 585353994
Reference: K Island or 765

2nd Collection:
BSB 085 005
A/c No 918111484
Reference: Your name

CHURCH 'SPRING CLEAN'

We are having a "Spring-clean" of the Church on Wednesday 21 December in readiness for Christmas.

Please bring your cleaning gear for a start at 9.00am. Many hands make the light work and the work light!

IS LOVE ENOUGH?

A relationship education course for couples preparing to marry or in a long-term relationship. This group is based on current research about what makes long term relationships successful. A variety of topics are explored including communication and problem solving.

When: Saturday 4 March
9.30am - 4.30pm

Where: Centacare, Level 2 – 45
Wakefield St Adelaide

Bookings essential - please contact Centacare (8215 6700 or registrations@centacare.org.au)

CHRISTMAS CAROLS

Community Christmas Carols will be sung on 16 December after the Christmas Parade on Kingscote Oval. All are welcome.

*Advance Kingscote seek six child safety volunteers to marshal people during the Christmas parade from 5.30pm -7.00pm. Contact Adrienne Bates, Advance Kingscote (8553 2563 or 0408 320 389).



You've got a lot to give beyond Christmas gifts. In January you can prepare for mission at home or abroad. Palms Australia has trained Australians to live and work within cultures and communities overseas since 1961. Now four days of that training will be available for parishioners interested to assist harness the diverse gifts of our community and make it stronger.

At Home

Palms' [Neighbours Without Borders](#) program (January 7 – 11) will "focus on building communities that are welcoming to all, with particular attention to those on the margins of society and the church" as urged by the recent Plenary Council.

Overseas

Completing a further four days (January 12 – 15) will prepare you to meet one of the [many requests Palms has from communities in Africa, Asia and the Pacific who need educators; health professionals; administrators and others](#) to assist build on the strengths of their people who otherwise have little opportunity for training.

Enquire about Palms Orientation for mission via www.palms.org.au or call 02 9560 533 or 0422 472 567.

ADVENT APPEAL FOR UKRAINE



The Australian Catholic Bishops Conference is supporting a special Advent appeal for the people of Ukraine, following a request from Bishop Mykola Bychok CSsR, Eparch of Sts Peter and Paul for the Ukrainian Catholic Church in Australia.

Collections in parishes on the Third Sunday of Advent will support Mudra Sprava (Wise Action), a Patriarchal Charitable Foundation in Ukraine. The organisation has three focus areas: Evacuation of people from frontline territories; Food packages for people in need; Shelters for internally displaced persons. Find out more at: www.catholic.au

Our Special Collection will be held at Mass next weekend (11 Dec).

DATES

- 4 Dec Second Sunday of Advent
- 11 Dec Advent Ukraine Appeal
- 11 Dec Third Sunday of Advent
- 16 Dec Last day school for 2022
- 18 Dec Fourth Sunday of Advent
- 25 Dec Christmas Day
- 25 Dec Aboriginal Catholic Ministry Appeal
- 2 Jan New Year's Day holiday
- 30 Jan First day school for 2023





Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

GOD'S ANGER – AND OUR FEELINGS OF GUILT AND SHAME

My early religious training, for all its strengths, placed too heavy an emphasis on fear of God, fear of judgment, and fear of never being good enough to be pleasing to God. It took the biblical texts about God being angry and displeased with us literally. The downside of this was that many of us came away with feelings of guilt, shame, and self-hatred, and understood those feelings religiously, with no sense that they might have more of a psychological than a religious origin. If you had feelings of guilt, shame, and self-hatred, it was a signal that you were not living right, that you should feel some shame, and that God was not pleased with you.

Well, as Hegel famously taught, every thesis eventually spawns its antithesis. Both in the culture and in many religious circles today, this has produced a bitter backlash. The current cultural and ecclesial ethos has brought with it a near-feverous acceptance of the insights from contemporary psychology vis-à-vis guilt, shame, and self-hatred. We learned from Freud and others that many of our feelings of guilt, shame, and self-hatred are really a psychological neurosis, and not an indication that we are doing anything wrong. Feelings of guilt, shame, and self-hatred do not of themselves indicate that we are unhealthy religiously or morally or that God is displeased with us.

With this insight, more and more people have begun to blame their religious training for any feelings of guilt, shame, and self-hatred. They have coined the term “Christian neurosis” and have begun speaking of “being in recovery” from their churches.

What’s to be said about this? In essence, some of this is healthy, a needed corrective, though some of it also suffers from its own naiveté. And, it has landed us here. Today, religious conservatives tend to reject

the idea that guilt, shame, and self-hatred are mainly a neurosis (for which our religious training is responsible), while religious liberals tend to favor this notion. Who is right?

A more balanced spirituality, I believe, combines the truth of both positions to produce a deeper understanding. Drawing on what is best in current biblical scholarship and on what is best in contemporary psychology, a more balanced spirituality makes these assertions.

First, that when our biblical language tells us that God gets angry and unleashes his fury, we are dealing with anthropomorphism. God doesn’t get angry with us when we do wrong. Rather what happens is that we get angry with ourselves and we feel as if that anger were somehow “God’s wrath”. Next, most psychologists today tell us that many of our feelings of guilt, shame, and self-hatred are in fact unhealthy, a simple neurosis, and not at all an indication that we did something wrong. These feelings only indicate how we feel about ourselves, not how God feels about us.

However, that being admitted, it is too simple to write off our feelings of guilt, shame, and self-hatred as a mere neurosis. Why? Because even if these feelings are completely or largely unmerited, they may still be an important voice inside us, that is, while they don’t indicate that God is displeased or angry with us, they still can be a voice inside us that won’t be silent until we ask ourselves why we are displeased and angry with ourselves.

Here’s an example. There is a wonderfully enlightening exchange in the 1990s movie, *City Slickers*. Three men are having a conversation about the morality of having a sexual affair. One asks the other, “If you could have an affair and get away with it, would you do it?” The other replies: “No, I still wouldn’t do it.” “Why not?” he is asked, “nobody would know.” His response contains a much-neglected insight regarding the question of guilt, shame, and self-hatred. He replies, “I

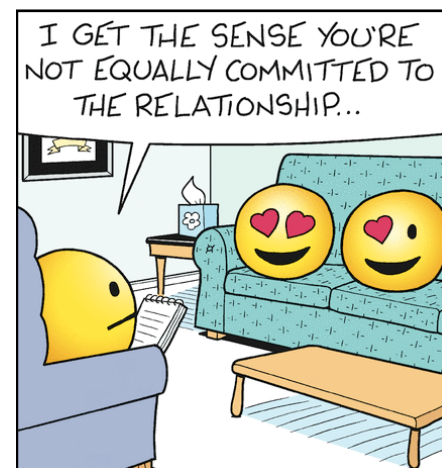
would know, and I would hate myself for it!”

There is such a thing as Christian “guilt neurosis” (which incidentally is not limited to Christians, Jews, Muslims and other religious persons, but is universal among all morally sensitive people). However, not all feelings of guilt, shame, and self-hatred are neurotic. Some are trying to teach us a deep moral and religious truth, that is, while we can never do a single thing to make God angry with us for one minute, we can do many things that make us angry with ourselves. While we can never do anything to make God hate us, we can do things that have us hate ourselves. And, while we can never do anything to make God withhold forgiveness from us, we can do things that make it difficult for us to forgive ourselves. God is never the problem. We are.

Feelings of guilt, shame, and self-hatred do not of themselves indicate whether we have done something wrong, but *they do indicate how we feel about what we have done* – and that can be an important moral and religious voice inside us.

Not everything that bothers us is a pathology.

You can read, or download, Ron Rolheiser’s weekly columns from his website at: www.ronrolheiser.com



COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 02/12/22)



- If you have tested positive for COVID-19 please follow the instructions as per SA Health in terms of contact tracing and isolating yourself as per government health protocols. Please stay home and do not attend church services until you have fully recovered.
- Wearing of face-masks in Church is strongly recommended.
- Sick and high risk/vulnerable people are requested to stay home and not attend services.
- Hand sanitiser is available at church entrances.
- Communion is given only in hands. Precious Blood will not be distributed.
- Holy Water is not available at the doors of churches.
- Procession of gifts has resumed.
- Collection plates are to be passed around with minimum contact

DID YOU KNOW?

- Luke's Gospel suggests that John the Baptist and Jesus were cousins, but there is no hint of this in Matthew.
- John the Baptist was not alone in his criticism and rejection of the soft religious life in the cities of Palestine. There were others, too, who withdrew from what they saw as the corruption of the temple cult and retreated to the desert to live a life of prayer and asceticism. The best known of these groups were the Essenes of the Dead Sea region. It is likely that John was in some way associated with them.
- The Essenes established a community at Qumran on the shores of the Dead Sea. It was this community that left the wonderful legacy of the Dead Sea Scrolls, discovered in the 1940s. These scrolls have proven invaluable to scholars in throwing light on the religious practices of the day.
- Advent is a time in which we too are invited to withdraw a little in prayer and contemplation.

(Continued from page 1)

GOSPEL ACCLAMATION

Lk 3:4, 6

Alleluia, alleluia!

Prepare the way of the Lord, make straight his paths: All people shall see the salvation of God.

GOSPEL

Matthew 3:1-12

In due course John the Baptist appeared; he preached in the wilderness of Judaea and this was his message: 'Repent, for the kingdom of heaven is close at hand.' This was the man the prophet Isaiah spoke of when he said:

*A voice cries in the wilderness:
Prepare a way for the Lord,
make his paths straight.*

This man John wore a garment made of camel-hair with a leather belt round his waist, and his food was locusts and wild honey. Then Jerusalem and all Judaea and the whole Jordan district made their way to him, and as they were baptised by him in the river Jordan they confessed their sins. But when he saw a number of Pharisees and Sadducees coming for baptism he said to them, 'Brood of vipers, who warned you to fly from the retribution that is coming? But if you are repentant, produce the appropriate fruit, and do not presume to tell yourselves, "We have Abraham for our father," because, I tell you, God can raise children for Abraham from these stones. Even now the axe is laid to the roots of the trees, so that any tree which fails to produce good fruit will be cut down and thrown on the fire. I baptise you in water for repentance, but the one who follows me is more powerful than I am, and I am not fit to carry his sandals; he will baptise you with the Holy Spirit and fire. His winnowing-fan is in his hand; he will clear his threshing-floor and gather his wheat into the barn; but the chaff he will burn in a fire that will never go out.'

RING IN THE HOLIDAYS BY WAITING

A commercial on all four radio stations on our black-and-white RCA television convinced me I wanted a set of handbells, with lyrics to songs in colours that matched similarly

coloured bells, guaranteeing I would produce beautiful music. I asked Mum and, despite being told by my older brother that he didn't exist, I also asked Santa, surreptitiously, when he was on the corner ringing a Salvation Army bell. My bases were covered. All I had to do was wait for the payoff Christmas morning after Mass.

I couldn't wait. I searched and found my gift under the stairs by the never-used front door. I grabbed my box, shook it, and heard bells. I knew it!

Christmas morning came. Everyone was excited – except me. I tried to fake my surprise and subsequent elation. I wasn't a good actor. Later in the day Mum told me she could tell I knew. I did like those bells. But if I had waited, there would have been a lot more joy. Our Advent readings this week invite us to wait and, importantly, to actively prepare for all that the Saviour's birth will bring us. For me, the first note at Midnight Mass, especially if struck by a handbell, will fill me beyond what I could possibly anticipate.

GPBS eNews

THIS WEEK'S READINGS

(05 - 11 December)

- **Monday, 05:** Tuesday, 2nd week Advent (Is 40:1-11; Mt 18:12-14)
- **Tuesday, 06:** St Ambrose (Is 40:25-31; Mt 11:28-30)
- **Wednesday, 07:** Wednesday, 2nd week Advent (Is 40:25-31; Mt 11:28-30)
- **Thursday, 08:** The IMMACULATE CONCEPTION of the BLESSED VIRGIN MARY (Gen 3:9-15, 20; Lk 1:26-38)
- **Friday, 09:** Friday, 2nd week Advent (Is 48:17-19; Mt 11:16-19)
- **Saturday, 10:** Friday, 2nd week Advent (Sirach 48:1-4, 9-11; Mt 17:10-13)
- **Sunday 11:** THIRD SUNDAY of ADVENT (Is 35:1-6, 10; James 5:7-10; Mt 11:2-11)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955