



Welcome to

# Willunga Catholic Parish

Mary of Galilee, Aldinga; St Peter's, Normanville; St Joseph's, Willunga

18<sup>TH</sup> SUNDAY IN ORDINARY TIME - YEAR B

Vol 22 : No 37

## WILLUNGA CATHOLIC PARISH CENTRE

12 St Judes Street (PO Box 14)  
WILLUNGA SA 5172  
Phone: 8556 2132  
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Web: [www.willungaparish.org.au](http://www.willungaparish.org.au)

## PARISH OFFICE

If you need to contact the Office, please ring 0447 421 948 if there is no-one available to take your call.

## PARISH TEAM CONTACTS

- Fr Josy Sebastian (Parish Priest - 8382 1717; emergency 0452 524 169; [jponnambal@gmail.com](mailto:jponnambal@gmail.com))
- Fr Dominick Okwadha (A/Priest - 8382 1717; 0421 074 212; [okwadha@yahoo.com](mailto:okwadha@yahoo.com))
- Fr Tom Gleeson (Resident Priest - 8557 1072, [tegleeson@bigpond.com](mailto:tegleeson@bigpond.com))
- Gael Maloney (Parish Office; Newsletter - articles for newsletter due Wednesday - 0447 421 948, [bahloo2@bigpond.com](mailto:bahloo2@bigpond.com))
- Parish Finance Officer - Thia van Kuyk (0428 238 397, [tntvank65@gmail.com](mailto:tntvank65@gmail.com))

## MASS CENTRES

- Mary of Galilee, cnr Quinliven and How Roads, ALDINGA - Galilee
- St Peter's, Cape Jervis Road, NORMANVILLE
- St Joseph's, St Judes St, WILLUNGA

## MASS TIMES

- SATURDAY EVENING  
5.30pm Aldinga Beach (Mary of Galilee)
- FIRST, THIRD, FIFTH SUNDAYS  
8.30am Willunga (St Joseph's)  
10.30am Normanville (St Peter's)
- SECOND, FOURTH SUNDAYS  
8.30am Normanville (St Peter's)  
10.30am Willunga (St Joseph's)



## FIRST READING

*Exodus 16:2-4, 12-15*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'"

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

## RESPONSORIAL PSALM

*Ps 77:3-4, 23-25, 54*

*The Lord gave them bread from heaven.*

## SECOND READING

*Ephesians 4:17, 20-24*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

## GOSPEL ACCLAMATION

*Mt 4:4*

*Alleluia, alleluia!*

*No one lives on bread alone, but on every word that comes from the mouth of God.*  
*Alleluia!*

## GOSPEL

*John 6:24-35*

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?'

*(Continued page 4)*



# Bulletin Board

## WEEKDAY MASSES

Mon No Masses - Willunga Parish  
9.00am - Noarlunga  
Tue 9.15am - Aldinga  
Wed 9.00am - Willunga  
Thur 9.00am - Willunga  
Fri 9.00am - Willunga  
12.00noon - Normanville

## AUGUST WEEKEND MASSES

(NB: This roster may be changed if something unforeseen crops up)

3 Aug 5.30pm, Aldinga - Fr Tom  
4 Aug 8.30am, Willunga - Fr Dominick  
10.30am N/ville - Fr Dominick  
10 Aug 5.30pm, Aldinga - Fr Josy  
11 Aug 8.30am, N/ville - Fr Dominick  
10.30am, Willunga - Fr Tom  
17 Aug 5.30pm, Aldinga - Fr Dominick  
18 Aug 8.30am, Willunga - Fr Dominick  
10.30am, N/ville - Fr Tom  
24 Aug 5.30pm, Aldinga - Fr Dominick  
25 Aug 8.30am, N/ville - Fr Dominick  
10.30am, Willunga - Fr Dominick  
31 Aug 5.30pm, Aldinga - Fr Dominick

## MASS - ASSUMPTION of the BLESSED VIRGIN MARY

There will be two Masses in Willunga Parish on Thursday, **15 August**.

Fr Tom will be celebrating a whole school Mass at Galilee at 9.15am and Fr Dominick will be celebrating Mass at St Peter's, Normanville at 12noon. All parishioners are most welcome to attend either Mass.

## ENTRANCE ANTIPHON

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

## PREPARING FOR THE JUBILEE YEAR IN 2025

Monday August 12, 7.00pm  
The Monastery, Glen Osmond

The Archdiocese of Adelaide invites you to a presentation from Dr Massimo Faggioli, Professor of Theology and Religious Studies at Villanova University, USA. Professor Faggioli is a well-known Church historian, writer, Vatican commentator and columnist. He is an expert on the history and administrative inner workings of the Catholic Church and of the papacy.

Dr Faggioli's presentation will be an opportunity to prepare for the 2025 Jubilee Year placed within the context of the Second Vatican Council, the Synod on Synodality and papacy of

Francis. RSVP online at [www.trybooking.com/CSRJG](http://www.trybooking.com/CSRJG)

## ACBC RESEARCH PROJECT ABSENT FROM THE TABLE

The Australian Catholic Bishops Conference is undertaking a research project aimed at investigating why some Catholics do not participate in regular weekly Sunday Mass (Sunday Mass includes the Saturday Vigil). <https://bit.ly/AbsentFromTheTableSurvey>

The survey closes on Tuesday, 20 August. Parishioners are encouraged to reach out to those they know who could participate in the survey.

Should you have any questions please do not hesitate to contact our office.  
+Patrick O'Regan

## NATIONAL VOCATION AWARENESS WEEK

August 4 - 11



This Sunday throughout the Church in Australia we celebrate National Vocations Awareness Week. This week we affirm and pray for all the baptised who are uniquely called by God. We acknowledge the Single Life, Married Life and Family Life, as well as all Lay Ministries within the Church. Please note that next weekend there will be a leaving collection for Vocations.

## COMMUNITY DAY ON MEANINGFUL AGEING

The World Community for Christian Meditation South Australia invites you to a Community Day on 'Meaningful Ageing' with the Rev Dr Les Underwood (Uniting SA Minister and Director of both the Uniting SA Clinical Pastoral Education Centre and the St Barnabas Anglican Clinical Pastoral Education Centre) as our guest speaker.

There will be a Q&A panel in the afternoon, and time to meditate.

Date: Saturday August 24,  
11.00am - 3.00pm  
Place: St Michael's Anglican Church,  
18 Church Road, Mitcham.

Please bring some lunch to share and your cup. Suggested donation \$15.  
Contact: [chrmed.southaust@gmail.com](mailto:chrmed.southaust@gmail.com) for more information and to register your attendance please.

## SYNOD INSTRUMENTUM LABORIS

(Working Document)

Please be advised the Synod of Bishop's Working Document has been released. It can be accessed via the following link: [The Instrumentum Laboris \(synod.va\)](http://TheInstrumentumLaboris(synod.va))

## HOMELESSNESS WEEK

5 - 11 August

Homelessness Week is held annually and aims to build community support and government commitment to end homelessness.

During the week homelessness services and community groups raise awareness of the impact of homelessness, and the solutions needed to end homelessness, and advocate for change via national and local community events, media and social media activities.

This year, Homelessness Week will be held from Monday August 5 to Sunday August 11 with the theme "Homelessness Action Now".

## I AM THE BREAD OF LIFE

People who are hungry always "think" with their stomachs. This keeps them locked within a primitive experience of their humanity and may make them seem uncivilised or unreasonable to those of us whose bellies are round with our last meal. Hungry people ARE unreasonable; that is, they



"When I was a young man, love made the world go around. Then it was money. Now it's prunes."



cannot reason their way past the ache of real need.

Being hungry is not a virtue. If it were, the poor would all be holy, the rich would all be evil. But that's obviously not true. The state of our hearts can't be measured by the size of our wallets. But the condition of our hearts CAN be measured by our willingness to share what we have. When we seek to alleviate the distress of those in need, we do two things right. We lift up someone locked down by hunger so that he or she too might rise to a greater and fuller life. And we also expand our hearts through the practice of generosity so that we might experience "the food that endures for eternal life". It's a win-win situation.

For as long as we work only for the food that perishes and hoard that for ourselves, we prolong the misery of the world and will not know the joy that belongs to those whose hearts are free to give.

Jesus said, "I am the Bread of Life. The person who aligns with me hungers no more and thirsts no more, ever".



When have you been the recipient of someone's generosity in sharing time, warmth, or food with you? How can you share those things with those in need, near or far? *GPBS eNews*

**SAINT MARY OF THE CROSS**  
**Feast Day 8 August**  
*(1842 – 1909)*

As a young woman Mary MacKillop was drawn to religious life but could not find an order that met her needs. In 1860, she met Father Julian Woods, who became her spiritual director. Together they founded a new community of women - the Sisters of St Joseph of the Sacred Heart, also known as the Josephite Sisters.

Mary and her Sisters offered social services that few government agencies in Australia could. They served Protestants and Catholics alike; worked among aborigines, taught in schools and orphanages and served unmarried mothers.

She suffered many financial and clerical difficulties, including at one point ex-communication (later rescinded). In the end, Rome proved Mary's best source of support. Official approval of the congregation—and how it was to be governed—came from Pope Leo XIII.

Mary died at 67. Pope John Paul II beatified her in 1995. When she was canonised by Pope Benedict XVI in 2010, she became Australia's first saint.

*Franciscan Media*

**ROSTERS**

**ALDINGA**

Welcomer  
 Commentator  
 Readers  
 Eucharistic Minister

**Saturday 03 August**

Andre Woodhouse  
 Chris McWilliams  
 Jill McHendrie  
 Ken Creevey  
 Kerri Gould

**Saturday 10 August**

Andre Woodhouse  
 David Manders  
 Cristina Tiedje  
 Michelle Cormack  
 Lorraine Ellis

**NORMANVILLE**

Welcomer  
 Commentator  
 Reader  
 Data Projector  
 Altar/Cleaning

**Sunday, 04 August**

Peter Bohnsack  
 Ann Henriksen  
 Jim Fitzpatrick  
 Thia van Kuyk  
 Ann Henriksen

**Sunday, 11 August**

Peter Lloyd  
 Trish Bohnsack  
 Thia van Kuyk  
 Nigel Pile  
 Nigel Pile, Leo Montgomery

**WILLUNGA**

Commentator  
 Reader  
 Eucharistic Minister  
 Flowers  
 Church Linen

**Sunday, 04 August**

Michael Hynes  
 Ian La Ronde  
 Norman Lee  
 Anna Rogers  
 Viv Zagajewska

**Sunday, 11 August**

Vanda Farrall  
 Leo Reynolds  
 Wayne Best  
 Tony Harding  
 Anna Rogers

**PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS**

**Healing list:** Janet Burbidge, Rainer Maack, Adrian Andrews, Vi Corkin, Deirdre Boyd, Janette McIver, Michael Casey, Paul Hancock, Paul Cormack, Roger Fishlock, John Tregeagle

*Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.*

**DATES**

- 06 Aug PPC meeting
- 11 Aug Vocations Appeal
- 15 Aug Assumption Blessed Virgin Mary
- 31 Aug - Sep 8 Adelaide Show
- Sep Catholic Charities month
- 27 Sep Last day School term 3
- 28 Sep AFL Grand Final
- 05/06 Supporting Clergy Appeal
- 07 Oct Labour Day holiday
- 14 Oct First day School term 4
- 20 Oct World Mission Day Appeal
- 05 Nov Melbourne Cup
- 10 Nov St Vincent de Paul Appeal
- 13 Dec Last day School term 4
- 25 Dec Catholic Charities Appeal

**SPECIAL COLLECTION VOCATIONS APPEAL**

All of us have a vocation – whether as single or married people, priests, deacons or religious. This Sunday we are drawing your attention to the vocation of priest and deacon and the need to support those who are preparing for these important roles.

Next weekend there will be a leaving collection at all Masses for the support of all studying for the Priesthood in our Archdiocese. We currently have two young men studying at the Holy Spirit Seminary in Brisbane, Godwin James and Antony Sebastian. Please remember them in your prayers, and also those preparing for the Permanent Diaconate.

*At my age, rolling out of bed in the morning is the easy part. Getting up off the floor is a whole other story.*

## WILLUNGA PARISH

(Aldinga, Normanville, Willunga)  
NGARRINDJERI, RAMINDJERI,  
PERAMANGK, KAURNA land

### PASTORAL COUNCIL

- **Aldinga** - Kerri Gould, Lorraine Ellis, Kim Calderbank
- **Willunga** - Rick Zagajewski, Michael Hynes
- **Normanville** - Nigel Pile, Christopher Symes

### FINANCE COUNCIL

Dolek Thiele (Chairperson)  
Chris McWilliams (Secretary)  
Thia van Kuyk (Finance Officer)  
Martin Morgan (Cemeteries)  
John McPhail (Treasurer)

### CEMETERY CONTACTS

- **St Joseph's, Willunga** - Curator Martin Morgan (0417 851 902) - in his absence please contact:  
Michael Hynes (0490 677 314) *or*  
Tony Harding (0488 330 748)
- **St Peter's, Normanville** - Curator Peter Bohnsack (0400 525 690)

### CHILD PROTECTION

We are a Child Safe Organisation which is committed to the care, well-being and protection of children and young people.

We believe that all God's children and young people have the right to be healthy and safe, and to have their voice heard, respected, and valued. A safe environment for all.

Willunga contact - Michael Hynes *or* Child Protection Unit 8210 8159



### DID YOU KNOW?

- There is no Eucharistic action at the last supper in John's gospel, instead it occurs at this point.
- The word 'Rabbi' in Hebrew literally means 'my great one.' At the time of Jesus it referred to masters or teachers who had a following of disciples who learned from them.
- There is great debate among scholars about the meaning of the term 'Son of Man' and whether Jesus used this title of himself or whether his disciples used it of him after his death.

*Continued from page 1*

Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat.

Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*' Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.

### THE FOOD OF LIFE

*(John 6:24-35)*

There are many different diet plans. Bookstore shelves are filled with diets that say eat only this type of food or that. Some diets tell people to skip a particular food. Some concentrate on removing entire food groups out of your diet.

Most books come with recipes but more importantly with testimonials and pictures of those who succeeded in dropping a significant amount of weight over a short period of time.

In reality, a majority of these diets work because they all include two common elements usually found in small print on the very last page of the book. The dieter is told to reduce food intake and begin moderate exercise. Ultimately these two factors, which most dieters reject, are what will bring

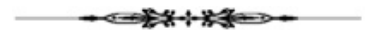
about the real weight loss.

Most popular these days are the diets that are based on restricting or eliminating carbohydrates. Some people swear by these diets while others give up on such an approach almost instantly. For many, a meal is not a meal without a loaf of bread on the table. In reality as well as symbolically, bread is the food of life for many people.

Jesus proclaims that he is the bread of life. God's presence in bread goes back to Moses in the desert and continues today in the Eucharist. We can deny ourselves many things in life, but why deny ourselves spiritual nourishment so necessary for the health of our soul? And so, we should always eagerly gather around the altar.

### KIDS' CORNER

Do you have a list of things to do each day? That's helpful. But sometimes, our plans don't go the way we, well ... plan. That's why it's good to ask God, "What do you want me to do?" The answer may surprise you. Of course, God always wants you to do things like love others as you love yourself, pray and make good choices. But sometimes it's not so much what you do, it's who you are that matters. God is waiting for you to be the person God made you to be. That's what faith is about. It's not always thinking, planning and doing. It's living what we believe. It's about being Jesus for the world.



### THIS WEEK'S READINGS

*(August 05 - 11)*

- **Mon, 05:** Weekday, Ord Time 18 (Jer 28:1-17; Mt 14:13-21)
- **Tues, 06:** Transfiguration of the Lord (Dan 7:9-10, 13-14, Mk 9:2-10)
- **Wed, 07:** Weekday, Ord Time 18 (Jer 31:1-7; Mt 15:21-28)
- **Thur, 08:** St Mary of the Cross (1Kg 17:8-16; Col 3:12-17; Mt 6:25-34)
- **Fri, 09:** Weekday, Ord Time 18 (Nahum 2:1, 3; 3:1-3, 6-7; Mt 16:24-28)
- **Sat, 10:** St Lawrence (2 Cor 9:6-10; Jn 12:24-26) St Clare (Hab 1:12-2:4; Mt 17:14-20)
- **Sun 11:** 19<sup>th</sup> SUNDAY in ORDINARY TIME (1 Kg 19:4-8; Eph 4:30-5:2, Jn 6:41-51)

### PASTORAL CARE

If you need a priest for anointing prior to medical treatment or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8556 2132 or 0452 524 169.