



Welcome to

Willunga Catholic Parish

Mary of Galilee, Aldinga; St Peter's, Normanville; St Joseph's, Willunga

THE MOST HOLY BODY AND BLOOD OF CHRIST (*Corpus Christi*) - YEAR A

Vol 21 : No 29

WILLUNGA CATHOLIC PARISH CENTRE

12 St Judes Street (PO Box 14)
WILLUNGA SA 5172
Phone: 8556 2132
Email: admin@willungaparish.org.au
Web: www.willungaparish.org.au

PARISH OFFICE

If you need to contact the Office, please ring 0447 421 948 or 0488 287 552 if there is no-one in the Office to take your call.

PARISH TEAM CONTACTS

- Fr Josy Sebastian (Parish Priest - 8382 1717; emergency 0452 524 169; jponnambal@gmail.com)
- Fr Dominick Okwadha (A/Priest - 8382 1717; 0421 074 212; okwadha@yahoo.com)
- Fr Tom Gleeson (Resident Priest - 8557 1072, tegleeson@bigpond.com)
- Sr Margaret Ann (Parish worker - 0488 287 552, maconnelly@goodsams.org.au)
- Gael Maloney (Parish Office and Newsletter - articles due Wednesday - 0447 421 948, bahloo2@bigpond.com)
- Parish Finance Officer - Thia Van Kuyk (0428 238 397, tntvank65@gmail.com)

MASS CENTRES

- Mary of Galilee, cnr Quinliven and How Roads, ALDINGA - Galilee
- St Peter's, Cape Jervis Road, NORMANVILLE
- St Joseph's, St Judes St, WILLUNGA

MASS TIMES

- SATURDAY EVENING 5.30pm
Aldinga Beach (Mary of Galilee)
- FIRST, THIRD, FIFTH SUNDAYS
8.30am Willunga (St Joseph's)
10.30am Normanville (St Peter's)
- SECOND, FOURTH SUNDAYS
8.30am Normanville (St Peter's)
10.30am Willunga (St Joseph's)



FIRST READING

Deut 8:2-3, 14-16

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and to know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

RESPONSORIAL PSALM

Ps 147:12-15, 19-20

Praise the Lord, Jerusalem

SECOND READING

1 Cor 10:16-17

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a

communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

GOSPEL ACCLAMATION

Jn 6:51-52

Alleluia, alleluia!

*I am the living bread from heaven, says the Lord; whoever eats this bread will live forever.
Alleluia!*

GOSPEL

John 6:51-58

Jesus said to the Jews:

'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood
(Continued page 4)



Bulletin Board

REGULAR MASS TIMES

Mon No Masses - Willunga Parish
9.00am - Noarlunga
Tue 9.15am - Aldinga
Wed 9.00am - Willunga
Thur 9.00am - Willunga
Fri 9.00am - Willunga
12.00noon - Normanville
1st Fri 9.00am - Willunga
12.00noon - Normanville

WEEKEND MASSES

(Times on front page of this bulletin)

PRIEST ROSTER WEEKENDS

(This roster may change if something unforeseen crops up)

10 June 5.30pm - Aldinga, Fr Dominick
11 June 8.30am - N/ville, Fr Josy
10.30am - Willunga, Fr Josy
17 June 5.30pm - Aldinga, Fr Dominick
18 June 8.30am - Willunga, Fr Dominick
10.30am - N/ville, Fr Dominick
24 June 5.30pm - Aldinga, Fr Josy
25 June 8.30am - N/ville, Fr Josy
10.30am - Willunga, Fr Josy

ENTRANCE ANTIPHON

He fed them with the finest wheat and satisfied them with honey from the rock.

MANDATED NOTIFIER BRIEFING

The Archdiocese is facilitating a briefing on Thursday, July 6 from 10.30am - 12.00noon at St Joseph's Hall, Willunga.

If you haven't received an invitation or would like more details, please contact Gael Maloney (0447 421 948).



St Vincent de Paul Society
good works



REACH OUT

STRETCH YOUR HORIZONS

Join us at the Vinnies (St Vincent de Paul Society) Willunga/Aldinga Conference as we work to make the world a better place for everyone, starting right here.

We offer a hand-out for immediate assistance – but we also aim to give a hand-up for living better in the long term.

We look for ways of enabling people to be independent, standing on their own feet, leading the lives they were meant to have.

This is a bold undertaking but not as tough or daunting as the struggle that some in our communities face every day.

Although Vinnies is Catholic in its origins and ethos, its membership and volunteer base include people of every denomination, religion and none. Our core motivation is to provide assistance for those who need it; the core qualifications are a generous heart, a willing spirit, a capacity for reaching out to others and the ability to do so.

To take the next step, call or email Tony Roach (phone 8112 8700 or email Troach@svdpsa.org.au)

Tony Roach
Conference Recruitment Officer



CATHOLIC THEOLOGICAL COLLEGE



For more information contact: Dr Christopher Knauf ctc.edu.au/contact/contact-the-registrar/

Find Your Path at CTC Online Information Session

Monday 19 June at 7.30pm (AEST)
Register via our website:

ctc.edu.au/information-session

VOLUNTEERS DAY

Thank you to all our hard-working volunteers. We hope you have a great day on Monday (12 June).

To recognise the significant contribution made by volunteers across the state, the Government of South Australia has proclaimed a special day in their honour.

Volunteers Day is celebrated on the Monday of the King's Birthday long weekend in June every year.

Celebrating volunteers for over 20 years, it has been more than 20 years since South Australia officially proclaimed the Monday of the June long weekend to be Volunteers Day, a special day to celebrate and honour volunteers.

ST VINCENT PALLOTTI SCHOLARSHIP FOR LAY MINISTRY

The St Vincent Pallotti Scholarship Trust offers scholarships to enable lay people to further their understanding and skills in leadership/ministry or a specialised activity, such as promoting faith enhancement, social justice and pastoral care. More information and applications forms are available on the website <https://pallottine.org.au/svpscholarship>

Closing date August 4, 2023

ADELAIDE FIRE WEEKEND

Saturday July 15, 10.00am-9.00pm & Sunday July 16, 10.00am-2.00pm

Deepen in the Holy Spirit and be equipped for evangelisation over two days of talks from interstate speakers, charismatic praise and worship, Masses, the Sacrament of Reconciliation, Adoration of the Blessed Sacrament and fellowship Families, youth and all are welcome!

Venue: Blackfriars Priory School, Prospect. Suggested donation (covers all meals, event costs and children's retreat): \$29 school students, \$39 concession, \$49 adults, pre-schoolers free, family discounts available.

Bookings essential: app.tickets.org.au/afw/23 More info: adelaidefireweekend@gmail.com

THE SOUTHERN CROSS

June edition out this week

The June edition of "The Southern Cross" is available at the weekend Masses this week.

This month's edition includes coverage of the Marian Procession, the ordination of James Thomson and the Catholic Education SA Awards.

**LAST WEEK'S
APATHY GROUP
MEETING
HAS BEEN
CANCELLED**

CHRIST'S REALLY HERE ARE YOU?

I know a young man who went through a time so tough that he entered a rehabilitation program for people suffering depression. He took only a few things with him. One was a picture of him with his closest friends. I believe he took that because it reminded him how much they cared, and those memories gave him strength and comfort during his tough times.

Don't we have pictures or letters we keep close for lonely nights or painful days? We find them when we need a reminder that people really do care. I don't know about you, but the people I love seem really present when I see them in a picture or read letters they wrote to me.

If that makes sense to you, then you are on your way to understanding Christ's real presence in the Eucharist. Early Christians scared some people because they talked



I know this is a show-off post, but I had to share!! When you work hard all your life and you are doing so well, you can treat yourself. I can't express the happiness I am feeling. White was the only colour, but it doesn't matter. I've just purchased these four chairs.

about eating someone's body and blood. Obviously, that's not what Christians do. But Christ is fully present in the forms of bread and wine, even though you cannot physically observe it.

Remembering a close friend who isn't physically present can remind you that you are loved and cared for. Your friend's presence can still be very real at those times. How much more can Jesus Christ – who is truly present in the Eucharist – offer us comfort, strength, and challenge when we eat and drink at the Eucharistic table.

Here's something else to think about. This week don't ask whether Christ is really present during the Mass. Ask yourself whether you are really present. Let's say you call a friend on the phone for help. He or she can be really present as a good listener and adviser. But if you aren't really present – if you don't pay attention or open your mind – then you're likely to miss the support your friend is offering. The same is true during the Eucharist. Focus in the coming weeks on being really present during Mass. Greet the people sitting next to you. Listen and respond to the prayers and readings. Sing the songs. As you receive the body and blood, pray for strength and guidance in problems you face. I guarantee you'll meet a great friend there just waiting for you.

GPBS eNews

FRIENDS

- There is nothing better than a friend, unless it's a friend with chocolate.*
- Friends come and go like the waves of the ocean, but the true ones stay like an octopus on your face.*

ROSTERS

ALDINGA *Saturday 10 June*
 Welcomer Andre Woodhouse
 Commentator Tricia Dundon
 Readers Brianna McIver
 Chris McWilliams
 Eucharistic Minister David Manders

Saturday 17 June
 Rose Sulda
 Michelle Cormack
 Rod Boucher
 Vivi Boucher
 Brigid Grimwood

NORMANVILLE *Sunday, 11 June*
 Welcomer Peter Lloyd
 Commentator Ann Henriksen
 Reader Michael Steller
 Altar/Cleaning Nigel Pile, Leo Montgomery

Sunday, 18 June
 Tim Fleming
 Michael Steller
 Ena Harvey
 Nigel Pile, Leo Montgomery

WILLUNGA *Sunday, 11 June*
 Commentator Anna Rogers
 Reader Michael Hynes
 Eucharistic Minister Viv Zagajewska
 Flowers Marie Andrews
 Church Linen Margaret Oomens

Sunday, 18 June
 John Tregeagle
 Margaret Guley
 Andrew Beach
 Mary Moore
 Viv Zagajewska

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Janet Burbidge, Rainer Maack, Adrian Andrews, Vi Corkin, Deirdre Boyd, Kate Manders, Clarisa Kelly, Tony Harding

DATES

11 Jun Holy Father's Appeal
 12 Jun King's birthday holiday
 25 Jun Sea Sunday Appeal
 2 Jul NATSICC Appeal
 6 Jul Volunteers Notifier Briefing
 7 Jul Last day School term 2
 24 Jul First day School term 3
 8 Aug St Mary of the Cross feast
 13 Aug Vocations Appeal
 15 Aug Assumption of the Blessed Virgin Mary
 Sep Catholic Charities Month
 3 Sep Fathers' Day
 29 Sep Last day School term 3
 2 Oct Labour Day
 16 Oct First day School term 4
 22 Oct World Mission Day
 12 Nov Vinnies Christmas Appeal
 15 Dec Last day School term 4
 25 Dec Catholic Charities Appeal

SPECIAL COLLECTION

There will be a Special Collection this weekend in all Mass Centres for the Holy Father's Appeal. Offerings made to this appeal are used for the works of the Church for humanitarian work, social development work, and for the Holy Father's charitable works.

YOUR SAY - CITY COUNCIL OF ONKAPARINGA

Australia Day events

Council is always looking to improve the events we deliver, so we now seek community feedback on the events council holds on Australia Day.

This follows the feedback we recently received on the five major events council delivers each year.

We received strong support to continue delivering our major events, however opportunities were identified for improvement in all five events, including the Australia Day Bush Fair.

Find out more, and help shape council's Australia Day events here: <https://yoursay.onkaparinga.sa.gov.au/australia-day>

Your Say Onkaparinga Team

COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 09/06/23)



- If you have tested positive for COVID-19 please stay home and do not attend church services until you have fully recovered.
- Sick and high risk/vulnerable people are requested to stay home.
- Hand sanitiser is available at church entrances.
- Communion is given only in hands.
- Procession of gifts has resumed.
- Collection plates are to be passed around with minimum contact

DID YOU KNOW?

- Gathering together to break bread and share the cup is the most ancient practice of the Church. Paul wrote a description of 'The Lord's Supper' in 1 Corinthians 11:23 in about the year 56.
- This feast, which used to be known as 'Corpus Christi', originated in the Middle Ages as a celebration of the real presence of Christ in the Eucharistic bread.
- In John's Gospel, the Eucharist is instituted by Christ in the sharing of the loaves and fishes, not at the Last Supper which he had with his friends on the night before he died. For John, the central act of that Last Supper was the washing of the feet of the disciples – an act of service to others.

SYMBOLS AND IMAGES

Bread is the 'staff of life'; that which sustains us. Along with water, it is the most basic of staples; simple, nourishing, satisfying. But Jesus is offering more than ordinary bread. He is offering that which will sustain, not only in this life, but will lead to eternal life.

MAKING CONNECTIONS

Each time you gather for a meal this week with family or friends, make a special blessing of the food that you will share. Sustain and nourish others this week.

(Continued from page 1)

has eternal life, and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink.

He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me.

This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

TRUE FOOD

(John 6: 51 - 58)

We live in an age that invented junk food: food that is not real food because it supplies no nourishment and can be harmful to eat. It's not surprising, then, that we also consume volumes of reporting that is mostly opinion, and inform ourselves from sources we can't even identify. Our cultures popular stories are thin, recycled, and not transformative. A lot of what we take in – to our bodies, our minds, our hearts – is just junk.

Some people awaken to that reality and try to make changes. They train themselves to walk past the processed food aisle in the market. They turn off the TV, forsake pre-packaged options, seek out stories which lead beyond romance or cynicism. They look for people engaged in vital living, who go beyond the existence loop that many of us have crawled into: work, eat, entertain, sleep. Some people are looking for true food.

Jesus offers true food to those who believe. Eucharist is how we express that, but the sacrament takes us beyond the sacred elements to the flesh-and-blood avenues of our lives. Jesus gave us the Eucharist to open our eyes to the words he spoke, the stories he told, the transformative action of Spirit that helps us break out of the existence loop and into lives that matter. When we've had enough junk food, the true food is on the table.

What nourishes your body and your spirit? How much cultural junk do you consume, in proportion to the true food of faith?

GPBS eNews

THIS WEEK'S READINGS

(12 - 10 June)

- **Monday, 12:** Weekday, Ord Time 10 (2 Cor 1:1-7; Mt 5:1-12)
- **Tuesday, 13:** St Anthony of Padua (2 Cor 1:18-22; Mt 5:13-16)
- **Wednesday, 14:** Weekday, Ord Time 10 (2 Cor 3:4-11; Mt 5:17-19)
- **Thursday, 15:** Weekday, Ord Time 10 (2 Cor 3:15 – 4:1, 3-6; Mt 5:20-26)
- **Friday, 16:** The Most SACRED HEART of Jesus (Deut 7:6-11; 1 Jn 4:7-16; Mt 11:25-30)
- **Saturday, 17:** The Immaculate Heart of the Blessed Virgin Mary (Is 61:9-11; Lk 2:41-51)
- **Sunday 18:** 11th SUNDAY in ORDINARY TIME (Ex 19:2-6; Rom 5:6-11; Mt 9:36 - 10:8)



Holy Father's APPEAL

"Prayer, humility, and charity toward all are essential in the Christian life: *they are the way to holiness.*"

Pope Francis

PASTORAL CARE

If you need a priest for anointing prior to medical treatment or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8556 2132 or 0488 287 552.