



Welcome to

Willunga Catholic Parish

Mary of Galilee, Aldinga; St Peter's, Normanville; St Joseph's, Willunga
(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

18TH SUNDAY IN ORDINARY TIME - YEAR B

Vol 19 : No 37

WILLUNGA CATHOLIC PARISH CENTRE

12 St Judes Street (PO Box 14)
WILLUNGA SA 5172
Phone: 8556 2132
Email: admin@willungaparish.org.au
Web: www.willungaparish.org.au

PARISH OFFICE

If you need to contact the Office, please ring 0447 421 948 or 0488 287 552 if there is no-one in the Office to take your call.

NOARLUNGA DOWNS CATHOLIC PRESBYTERY

Phone: 8382 1717

PARISH TEAM CONTACTS

- Fr Josy Sebastian (Parish Priest - 8382 1717; emergency 0452 524 169)
- Fr Prathap Katta (A/Priest - 8382 1717)
- Fr Arul Dev (A/Priest - 8382 1717)
- Fr Tom Gleeson (Resident Priest - 8557 1072)
- Sr Margaret Ann (Parish worker - 0488 287 552)
- Gael Maloney (Parish Office and Newsletter - articles due Wednesday - 0447 421 948, bahloo2@bigpond.com)
- Bob Daly (Parish Finance Officer - 0416 156 213, dalybc@inet.net.au)

MASS CENTRES

- Mary of Galilee, cnr Quinliven and How Roads, ALDINGA - Galilee
- St Peter's, Cape Jervis Rd, NORMANVILLE
- St Joseph's, St Judes St, WILLUNGA

MASS TIMES

- SATURDAY EVENING 5.30pm
Aldinga Beach (Mary of Galilee)
- FIRST, THIRD, FIFTH SUNDAYS
8.30am Willunga (St Joseph's)
10.30am Normanville (St Peter's)
- SECOND, FOURTH SUNDAYS
8.30am Normanville (St Peter's)
10.30am Willunga (St Joseph's)



FIRST READING

Exodus 16:2-4, 12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp.

When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

RESPONSORIAL PSALM

Ps 77:3-4, 23-25, 54

The Lord gave them bread from heaven.

SECOND READING

Ephesians 4:17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

(Continued page 4)



Bulletin Board

WEEKDAY MASSES

Mon No Masses - Willunga
Parish 9.00am - Noarlunga
Tue 9.15am - Aldinga
Wed 9.00am - Willunga
12noon - Normanville (*not the week with a 1st Friday*)
Thur 9.00am - Willunga
Fri 9.00am - Willunga
1st Fri 9.00am - Willunga
11.30am - Normanville

WEEKEND MASSES

(Times on front page of this bulletin)

COVID-19

Please read the most up-to-date information on page 4 of this bulletin.

ENTRANCE ANTIPHON

Ps 69:2, 6

O God, come to assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

POEM ABOUT THE CORONAVIRUS

by Pam Ayres (now aged 74!)

I'm normally a social girl
I love to meet my mates
But lately with the virus here
we can't go out the gates.

You see, we are the 'oldies' now
We need to stay inside
If they haven't seen us for a while
They'll think we've upped and died.

They'll never know the things we did
Before we got this old
There wasn't any FaceBook
So not everything was told.

We may seem sweet old ladies
Who would never be uncouth,
But we grew up in the 60s –
If you only knew the truth!

There was sex, drugs and rock 'n roll
The pill and miniskirts
We smoked, we drank, we partied
And were quite outrageous flirts.

Then we settled down, got married
And turned into someone's mum,

COVID-19
VACCINATION

Safe. Effective. Free.

Somebody's wife, then nana,
Who on earth did we become?
We didn't mind the change of pace
Because our lives were full
But to bury us before we're dead
Is like red rag to a bull!

So here you find me stuck inside
For four weeks, maybe more
I finally found myself again
Then I had to close the door!

It didn't really bother me
I'd while away the hour
I'd bake for all the family
But I've got no flaming flour!

Now Netflix is just wonderful
I like a gutsy thriller
I'm swooning over Idris
Or some random sexy killer.

At least I've got a stash of booze
For when I'm being idle
There's wine and whisky, even gin
If I'm feeling suicidal!

So, let's all drink to lockdown
To recovery and health
And hope this awful virus
Doesn't decimate our wealth.

We'll all get through the crisis
And be back to join our mates
Just hoping I'm not far too wide
To fit through the flaming gates!

AUSTRALIAN CENSUS 2021

Census night - Tuesday, 10 August

For more information go to:

www.census.abs.gov.au

ADELAIDE DIOCESAN ASSEMBLY

17 & 18 September

Cabra Dominican College

The Archdiocese of Adelaide will be holding a Diocesan Assembly this September. The Diocesan Assembly is a meeting of representatives from parishes, schools, communities and groups to discuss the life of our local church, discern a new vision for the diocese and prepare for the upcoming Plenary Council. Individuals and groups are invited to respond to the pre-assembly consultation question, "What do you think are the most important things to discuss at the Diocesan Assembly?" For more information on the Diocesan Assembly, and to share your response to the consultation question, visit www.adelaidediocesanassembly.org or contact Sarah Moffatt in the Diocesan Office (8210 8100).

THANK YOU

Thank you to the parishioners who claimed their free pans from Coles. Five pans were donated to the refugee group. We'll wait for the next offer from Coles!
Chris McWilliams

READING THE SIGNS

On a holiday in the United States we were driving from Washington to New York and we were very hungry. The familiar neon signs beckoned us. When we stopped for petrol, we asked a couple with two toddlers where we could get an authentic, inexpensive meal. They looked at each other, and nodded, telling us to follow the red and white signs on the side of the two-lane road they pointed out to us. They left us with a warning to keep going until we got there. It was a few kilometres before a small wooden sign on the side of the unlit road with faded letters appeared: "KEEP GOING FOR THE BEST FISH YOU EVER ATE". Then a bit further down the road: "FRIED FISH LIKE GRANDMA MAKES". Then: "WE CAUGHT IT TODAY. YOU EAT IT TONIGHT". There were lots more signs. But it was getting late.

Worried it might be closed, we passed an encouraging sign that said simply: "WE NEVER CLOSE". After what seemed like hours of driving we came upon a dusty carpark with a handful of cars surrounding a simple old place with one last sign: "YOU MADE IT!" Our hunger defeated our apprehension. When we walked in, we were greeted warmly by everyone and an aroma that was second only to the taste of the incredible fried catfish and perch. What a meal!

In our journey of faith, we need to trust signs. They'll do us no good unless we make the choice to follow them.



The Commissioning:
Go from here as those who feed the hungry. We see the need for food and drink, and we will meet that need. We see the need to speak out for justice, and we will meet that need. We see the need to comfort the distressed, and we will meet that need. We see the need for spiritual nurture, and we will meet that need. We see the need to accompany grieving ones, and we will meet that need. Your loving God goes with you as you go forth this day. Amen. *GPBS eNews*

Creative Corner

The starting date for the fortnightly creative workshops has been rescheduled to begin on Tuesday, August 10th from 11.00am - 2.00pm in the Community Room at Mary of Galilee Church, Aldinga Beach. BYO lunch.

Bring along whatever you are working on whether it be poetry, a story, knitting, creating photo books, painting, weaving or any other portable creative venture.

Share time together, creating, encouraging and inspiring each other. There will also be a chance to try something new if you have nothing "on the go".

Contact Trish (0421 867 669) or Vivi (0490 331 935) for further info.

ARE YOU CALLED TO BE A SPIRITUAL DIRECTOR?

Come to our Siloam Taster Session via ZOOM on Saturday 14 August, 9.30am-11.00am. The Siloam Program is an approved full-time or part-time program to form Spiritual

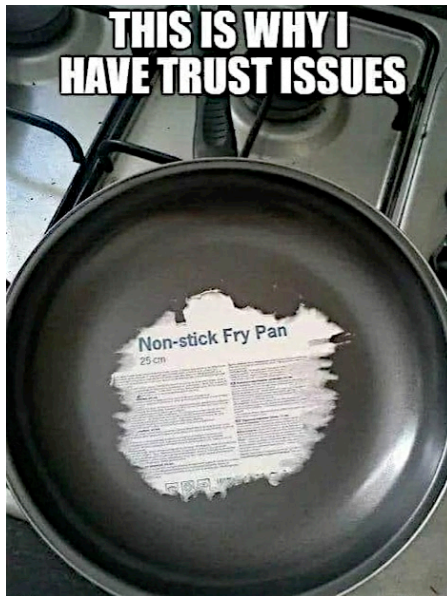
Directors, which in 2022, will be available on both Zoom and in-person. It is suitable for those who wish to companion others in their spiritual journey, helping them to notice the movement of God in their hearts and in their lived experience.

The program blends academic and practical work to foster a discerning, contemplative approach. Fee-Help is available to qualifying students. We invite any interested people to join us for our Taster Session.

Further information is available via email secretary@heartoflife.melbourn or tel (03) 9890 1101. Register via <https://www.trybooking.com/BSUNV> or visit our website www.heartoflife.melbourne

AUGUST SOUTHERN CROSS

The August edition of the "Southern Cross" will be on sale this weekend (\$2 per copy) or you can read it online for free at: <http://thesoutherncross.org.au>



ROSTERS

ALDINGA
Commentator
Readers

Saturday 31 July
David Manders
Angela Trembath
Ken Creevey

Saturday 07 August
Peter Laffan
Christina Tiedge
Heidi Davidson

NORMANVILLE
Welcomer
Commentator
Reader
Altar/Cleaning

Sunday, 01 August
Leo Montgomery
Pam Kelly
Jan Plumb
A Henriksen, J Hore

Sunday, 08 August
Rachel Palin
Thia Van Kuyk
Ena Harvey
P Lloyd, P Clifford

WILLUNGA
Commentator
Reader
Flowers
Church Linen

Sunday, 01 August
Gael Maloney
Marie Andrews
Michael Hynes
Marie Cester

Sunday, 08 August
Anna Rogers
Vanda Farrall
Sue Thompson
Margaret Guley

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Abbey McIver, Veronica Shortland, Muriel Smith, Jeff Gray, Violet Gilli, Colin and Roma Whitford, Rachel Palin, Arthur Jones

Please pray for all our faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ through our actions and His healing presence.

DATES

- Aug 8 Feast of St Mary of the Cross
- Aug 10 Creative Corner
- Aug 10 2021 Australian Census Night
- Aug 15 Assumption of Blessed Virgin Mary
- Aug 15 Appeal for Vocations
- Sep 1-30 Catholic Charities Month
- 24 Sep Last day School Term 3
- 4 Oct Labour Day holiday
- 11 Oct First day School Term 4
- 17 Oct World Mission Day Appeal
- 1 Nov All Saints' Day
- 2 Nov All Souls' Day
- 14 Nov Vinnies Christmas Appeal
- 21 Nov Christ the King
- 28 Nov First Sunday of Advent
- 5 Dec Second Sunday of Advent
- 10 Dec Last day School Term 4
- 12 Dec Third Sunday of Advent

COLLECTIONS

(For one weekend - 17/18 July)

First collection	\$332.50
Second collection	\$139.50
Envelopes	\$185.00
Direct credits	\$670.00

Thank you for your support - it is much appreciated.

SPECIAL COLLECTION

Our next Special Collection will be the Appeal for Vocations on the weekend of 14/15 August.

- *People keep asking: "Is Covid-19 really that serious?" Listen up! Casinos and Churches have been closed. When heaven and hell agree on the same thing, it's probably pretty serious.*
- *Psychiatrists' Association notice Dear citizens, During quarantine it is considered normal to talk to your plants and pets. Kindly contact us only if they reply. Thank you*

COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 28 July, 2021)

- The density requirement has changed to 1 person per 4 sqm. Weddings and funerals are capped at 50 people (depending on SA Gov approved maximum number - call the Parish Office for details).
- Wearing of masks is mandatory for indoor places. Wearing of masks is strongly recommended for Parish Offices.
- Choirs and congregational singing are not permitted. A single distanced singer is permitted.
- Recommendation from Archdiocesan Office that tea/coffee after Mass be suspended for the following 7 days
- Social distancing is mandatory - DO NOT CONGREGATE at entry/exit and outside.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details - either with the QR code for smart phones, or the handwritten log - both located at the entrance to the Church.
- Hand sanitizer is available at Church entrances.
- Offertory procession will be omitted. Communion is given only in hands. Precious Blood will not be distributed.
- Collection plates will not be passed around, but a single drop point is provided at the churches.
- Holy Water is not available at the doors of churches.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- Care should be taken at the dismissal and on leaving the church to minimise social contact.
- The Archdiocese recommends Covid vaccination for all (please check with your GP if you have concerns).
- Obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage. You may wish to access: [Mass for You at Home – The official website of Mass For You At Home, Australia](#) online and on Channel 10 every Sunday at 6 am.

(Continued from page 1)

GOSPEL ACCLAMATION

Mt 4:4

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

GOSPEL

John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, ‘Rabbi, when did you come here?’

Jesus answered:

‘I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.’

Then they said to him, ‘What must we do if we are to do the works that God wants?’ Jesus gave them this answer, ‘This is working for God: you must believe in the one he has sent.’ So they said, ‘What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*’ Jesus answered:

‘I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.’

‘Sir,’ they said ‘give us that bread always.’ Jesus answered:

‘I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.

GOT BREAD?

Being hungry is not a virtue. If it were, the poor would all be holy, and the rich would all be evil. But that’s obviously not true. The state of our

hearts can’t be measured by the size of our wallets. But the condition of our hearts CAN be measured by our willingness to share what we have. When we seek to alleviate the distress of those in need, we do two things right. We lift someone locked down by hunger so that he or she might rise to a greater and fuller life. And we also expand our hearts through the practice of generosity so that we might experience “the food that endures for eternal life”. It’s a win-win situation. For as long as we work only for the food that perishes and hoard that for ourselves, we prolong the misery of the world and will not know the joy that belongs to those whose hearts are free to give.

When have you been the recipient of someone’s generosity in sharing time, warmth, or food with you? ***How can you share those things with those in need, near or far?***

Take a refresher course in the corporal works of mercy: Feed the hungry. Give drink to the thirsty. Clothe the naked. Shelter the homeless. Visit the sick. Visit the imprisoned. Reflect on ways to participate in these works regularly.

“I am the Bread of Life. The person who aligns with me hungers no more and thirsts no more, ever”.

GPBS eNews

THIS WEEK’S READINGS

(August 02 - 08)

- **Mon, 02:** Weekday, Ord Time 18 (Num 11:4-15; Mt 14:13-21)
- **Tues, 03:** St Dominic (Num 12:1-13; Mt 14:22-36)
- **Wed, 04:** St John Vianney (Num 13:1-2, 25 - 14:1, 26-29, 34-35; Mt 15:21-28)
- **Thur, 05:** Weekday, Ord Time 18 (Num 20:1-13; Mt 16:13-23)
- **Fri, 06:** The Transfiguration of the Lord (Dan 7:9-10, 13-14 or 2 Pet 1:16-19; Mk 9:2-10)
- **Sat, 07:** Weekday, Ord Time 18 (Deut 6:4-13; Mt 17:14-20)
- **Sun 08:** ST MARY OF THE CROSS (1 Kg 17:8-16; Col 3:12-17; Mt 6:25-34)

PASTORAL CARE

If you need a Priest for anointing of the sick or last rites contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552), Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).